

OFDC Newsletter

January – May 2002

Associations Registered Number. A0012443U

Editor's Column

Well Christmas has come and gone, as also nearly one third of this year. Many of you will have heard of the publicity surrounding the proposed international standard rink for the Docklands precinct. There are several standard forms available for you to add your names and forward onto the relevant state government minister to register our support. There are also several petitions that you can either add your name to, or solicit other signatures. This will be our best chance for a long time to secure a properly maintained and presented rink. Please do your best to support this movement for a new rink,

OFDC T Shirts

The OFDC T shirts are now on sale. They have $\frac{3}{4}$ sleeves come in two variations of either blue and grey, or black and orange. Both are with the club logo in silver. Sizes are extra small, small, medium and large. Support your club and be seen our sports ware. The sale price is \$25.00 each.

Easter Competition Results.

Congratulations to all those who participated.

Carousel Spin

Pre-bronze

1st Peter Blackwell (Vic)

2nd Caitlin Sattler (Tas)

4th Katherine M^C Neill (Tas)

Bronze

1st Rachael Reading (NSW)

2nd Andrea Neihoff (Vic)

3rd Anna Caswell (Tas)

Silver

1st Alisha O'Brien (Vic)

2nd Charmaine Violi (ACT)

3rd Yvonne Shubart (Vic)

Top Jump

Pre-bronze

1st Caitlin Sattler (Tas)

Bronze

1st Charmaine Violi (ACT)

2nd Rachael Reading (NSW)

3rd Katherine Firkin (Vic)

Silver

1st Simone Sheehan (Vic)

Artistic Cup

Pre-bronze Duo

1st Wendy Meik & Stewart Marshall (Vic)

2nd Julie Champion & Peter Blackwell (Vic)

Pre-bronze

1st James Reid (ACT)

2nd Joanna Shea Tas

3rd Angus Tihima (Tas)

Bronze

1st Katherine Firkin (Vic)

2nd Rachael Reading (NSW)

3rd Anna Caudwell (Vic)

Silver

1st Alicia Smith (Vic)

2nd Daniella Romeo (Vic)

3rd Yvonne Shubart (Vic)

Gold

1st Alisha O'Brien (Vic)

ZIP

Pre-bronze

1st Essex Reid (Tas)

2nd Racheal Reading (NSW)

3rd Caitlin Sattler (Tas)

Bronze

1st Alicia Smith (Vic)

2nd Alisha O'Brien (Vic)

3rd Daniella Romeo (Vic)

Masters

1st Yvonne Shubart (Vic)

2nd Kristine Habel (Vic)

3rd Joanna Shea (Tas)

Skating Etiquette

We all know that ice skating is mostly an individual sport. The activities during the practice sessions are not structured and it therefore very important to know the basic rules that apply during these sessions. The rules are there to ensure your safety and to allow everyone to make effective use of their ice time.

Courtesy

First and foremost in every skaters mind is courtesy. It is essential to respect the rights of other skaters and be constantly aware of who is around you. If skaters of significantly greater OR lesser skills surround you, be especially careful! Strive to avoid collisions.

On Program and IN Lesson

In our rink the skater who is in a program (who's music is playing) has the right of way at all times. Other skaters are expected to give them free maneuvering room. Second priority is for those skaters who are currently in a lesson with their coach. Always yield to these skaters as well.

Jump Corners

The jump corner for our figure sessions is at the café end of the rink. Strive to avoid any long-term practice activities in this area of the rink. And try to be especially aware of your surroundings when you are in them. Remember that the approach to some jumps is long and blind. The skater is not likely to see you. This is especially true for the lutz.

Dangerous Singles Moves

When you are practicing elements like camels spins and back spirals to be especially aware of the danger of your exposed blade poses to other skaters. Recognize that once you have started the element it will be hard for you to see those around you. Take a good look at your expected space before you start the element and abort if it looks like you will cause a problem.

Falls and Injuries

If you should fall, get up quickly. Remember that the other skaters will have a much harder time seeing you when you are down low on the ice. Don't stay there any longer than you have to. While falling keep your fingers away from your blades and learn to fall properly so that you can protect your head as much as possible.

Learn to keep loose when you fall and this will help you to avoid breaking things.

If you see someone who has fallen and may be injured, don't just drag them off without being certain that doing so will not hurt them any further. If you suspect that someone is seriously hurt, the best thing to do is:

1. Have someone stand guard over them.
2. Get a qualified adult to come and help them.

A warm up jacket or sweatshirt laid over them might help to keep them warm while waiting for qualified help to arrive.

Predictability

As you skate more, you will get to the point where you will recognize that a practice session has a certain rhythm to it. People tend to do expectable or predictable things on the ice, and you can usually guess where someone is going, based on what they doing. The normal approaches to a jump or spin are recognizable. If you are a wrong way skater (clockwise jumper) be aware that other skaters will often guess wrong about your intentions. If you see clockwise jumpers remember to adjust to expectations accordingly.

Above all, try not to skate or behave in a way that would surprise other skaters. If you are standing near the side rails do not enter the flow of skaters without checking to make sure that you are not going to get in someone else's way.

Don't Stand Around

Please refrain from standing around or visiting on the ice. This wastes expensive ice time and presents an additional hazard for other skaters to avoid.

Please take the time to know these rules and apply them when you are on the ice during our figure sessions.

Membership Reminder

Just another reminder that there is still a number of outstanding membership fees due. Our membership fees remain at \$20.00 for existing members and \$30.00 for new members. **Your support is vital for us to run functions and competitions for you**

Club Sale

Don't forget that we still have a quantity of pre-loved boots and costumes in stock. If you would like to inspect the stock, or if you would like to have an item displayed for sale, please contact any of the committee members. We would like to increase our stock of items to have a wider range of sizes available for customers to pick from.

Competition Calendar

The following competitions are scheduled for the next couple of months:

Date	Location	Competition
May 26	Clayton	Fun Skate
July 14	Clayton	Fun Skate
September 29	Clayton	Fun Skate
October 1 3	Clayton	OFDC Club Championships
November 2/3	Clayton	Olympic Trophy Challenge

The fun skates are run from 4.30 pm to 6.30 pm on the dates shown above. The OFDC and Trophy Challenge competitions are from 4.30 pm to 7.30 pm. There are practice sessions for the OTC on each competition morning from 6.00 am to 9.00 am. Entry forms are available from the club web site under competitions 2002.



OFDC Website

We now have our own web site. Check it out at www.geocities.com/ofdc_au

Please support our sponsors, who support our club



- * Accident Repairs
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Phone 1800 359001 or 0412 329728 (24 Hrs)

Exhibition Skates

We are running a series of exhibition skating on 9.55 am each Saturday and Sunday morning between the Aussie skate group sessions and the public sessions. The aim of these sessions is to generate some new interest in our sport. This is an ideal way to trial run your program on the ice without the problems of bumping into another skater. Or, you may simply want to put on an exhibition skate for the public. Anyone interested in performing on the ice can contact Wendy Meik on 9530 5683 or at meik@bigpond.com.

Practice / Warm Up Area.

The club has gained permission to renovate the mezzanine floor area near the clubrooms. We have the carpet and would appreciate donations for the underlay and carpet laying. Anyone who can assist, please contact one of our committee members. We are hoping to improve the appearance of the area and have a more pleasant place for club members to warm up and practice their skating techniques.

OFDC Contacts

Please use the following address for all official correspondence to the club.
Olympic Figure & Dance Club Inc
C/- 1080 Centre Road
Oakleigh South 3167.

Email Addresses

If any club members have an email address and would prefer that they receive any club related information via the wire, please drop me a line on: paul_zechovsky@agilent.com I will create a club distribution list to use for interested members

Olympic Fun Skate Entry Form

Competition Date: _____ **CR No:** _____

Name: Given _____ **Surname** _____

Competitors contact phone number: _____ **Sex: Male / Female**

Club Name: _____ **M'ship No:-** _____

You must be a member of a VISA affiliated club to compete.

Coaches Name: _____

Coaches Signature & Date: _____

Music Details

SHORT PROGRAM:

Disc/Tape Number	Title	Composer	Artist	Time

FREE PROGRAM:

Disc/Tape Number	Title	Composer	Artist	Time

INTERPRETIVE PROGRAM:

Disc/Tape Number	Title	Composer	Artist	Time

PLEASE CIRCLE 1st CHOICE DIVISION WRITE 2ND & OR 3RD EVENTS IN SPACE BELOW

NOTE 2ND & OR 3RD preference will only be given if time permits.

2nd Program: _____

3rd Program: _____

AUSSIE SKATE DIVISIONS:

		Tiny Tots		Basic		Novice	
				Freeskating Level 1		Freeskating Level 2	
Intermediate	Stroking						
Pairs							
Encouragement Skate	Preparatory	1	2	3A	3B	Preliminary	A B
Elementary	1A 1B 2A 2B 3A 3B			Pre Intermediate	A B	Pairs	
Adult	Interpretive	1	2	Primary to Junior Handicap			

Entry Fees as from 1/1/01 are as follows, all entry fee's must be with entry. (Discount apply for OFDC Members)

AUSSIE SKATE DIVISIONS Single \$10.00 (OFDC \$8.00) & Pairs \$15.00 (OFDC \$12.00),

Encouragement Skate \$15.00 (OFDC \$10.00), Preparatory \$20.00 (OFDC \$15.00), Pairs \$30.00 (OFDC\$25.00) &

Preliminary / Elementary / Handicap / Adult / interpretive -Single \$25.00 (OFDC \$20.00)